Please be sure to read the instructions carefully before use. Store this instruction leaflet in a safe place for later reference.

Emergency contraceptive | Pharmaceuticals requiring guidance Medicine | Brand Name: LESOERU 72

# レソエル®72

## Key features of LESOERU 72

This medication is used for emergency contraception when contraception has failed or after sexual intercourse without contraception.

- Please confirm whether or not you are pregnant by using a pregnancy test kit or by visiting a medical institution 3 weeks after taking this medication. If the result of the pregnancy test kit is positive, please visit a medical institution as soon as possible.
- This medication does not provide 100% protection against pregnancy.
- Taking this medication before sexual intercourse does not prevent pregnancy.
- Before taking this medication, receive an explanation from a pharmacist who has completed the required training regarding the checks to be made before taking the medication and the precautions to follow after taking it. Within 72 hours after sexual intercourse, receive 1 tablet of this medication from a pharmacist who has completed the required training and take it on the spot.

## ⚠ PRECAUTIONS CONCERNING USE

### ⊠ To be avoided

(Failure to follow these instructions may increase the likelihood of side effects.)

**1.** This medication should not be used by the following persons:
(1) Persons who have previously experienced allergic symptoms due to this medication or any of its ingredients.
(2) Persons who have been diagnosed with the following condition: liver disease.
(3) Pregnant women
(4) Males

**2.** Breastfeeding women should not use this medication or should avoid breastfeeding for at least 24 hours after taking this medication.

### Consult a pharmacist or physician for the following

**1.** Consult a pharmacist before taking this medication if you fall under any of the following:
(1) Persons receiving treatment from a physician
(2) Persons who have previously experienced allergic symptoms due to medications, etc.
(3) Persons who have been diagnosed with the following conditions: heart disease, kidney disease, or severe gastrointestinal disorders that interfere with the absorption of food or medications
(4) Persons who are consuming foods containing St. John's wort (*Hypericum perforatum*)

**2.** The following symptoms may be side effects to this medication. If any of these symptoms occur, consult a physician or pharmacist and take this instruction leaflet with you.

| Affected area | Symptoms |
|---|---|
| Gastrointestinal organs | Nausea/vomiting, lower abdominal pain, diarrhea, abdominal pain |
| Psychoneurological system | Headache, somnolence, dizziness, anxiety |
| Reproductive organs | Abnormal vaginal bleeding, menstrual disorders (menorrhagia, delayed menstruation) |
| Other | Anemia, malaise/fatigue, lightheadedness, dry mouth, feeling hot, swelling of the hands and feet, breast tenderness (pain that occurs when the breast is pressed or touched) |

**3.** If any of the following symptoms occur after taking this medication, there is a possibility of pregnancy or a related condition. Consult a physician or pharmacist promptly and take this instruction leaflet with you.
(1) If menstruation (period) does not occur for 7 days or more after the expected time [approximately 1 month after the start date of the most recent menstruation (period) before taking this medication (in the case of a 28-day cycle) ].
(2) If bleeding similar to menstruation (period), or symptoms observed during menstruation (period) or early pregnancy, such as headache, nausea, malaise, or drowsiness, continue for 7 days or more.
(3) If menstruation (period) occurs earlier than the expected time [approximately 1 month after the start date of the most recent menstruation (period) before taking this medication (in the case of a 28-day cycle)] or if the amount of bleeding differs from usual.

(Continued on the reverse side)

(Continued from the front side)

## OTHER PRECAUTIONS

(1) If pregnancy has already been established before taking this medication, this medication will not be effective. Pregnant women should not take this medication.
(2) This medication is intended to be used after sexual intercourse for emergency prevention of pregnancy. Pregnancy may still occur after taking this medication; therefore, if planning contraception, please use a highly effective contraceptive method, such as continued use of low-dose oral contraceptives.
(3) Whether this medication has been effective cannot be determined immediately after taking it. Please confirm whether or not you are pregnant by using a pregnancy test kit or by visiting a medical institution 3 weeks after taking this medication. If the result of the pregnancy test kit is positive, please visit a medical institution as soon as possible.

## INDICATIONS

Emergency contraception

<PRECAUTIONS CONCERNING INDICATIONS>

(1) This medication does not provide 100% protection against pregnancy.
(2) This medication is used for emergency contraception when contraception has failed or after sexual intercourse without contraception, and taking this medication before sexual intercourse will not prevent pregnancy.
(3) Pregnancy may still occur after taking this medication; therefore, please use appropriate contraception.

## DOSAGE AND ADMINISTRATION

Receive 1 tablet of this medication from a pharmacist within 72 hours after sexual intercourse and take it on the spot.

<PRECAUTIONS CONCERNING DOSAGE AND ADMINISTRATION>

(1) Strictly follow the dosage and administration.
(2) Take this medication as soon as possible.
(3) Before taking this medication, receive an explanation from a pharmacist about the checks to be made before taking the medication and the precautions to follow after taking it.
(4) How to remove the tablet
As shown in the figure on the right, firmly press the raised portion of the blister pack containing the tablet with your fingertip to break the aluminum foil on the back, remove the tablet, and take it. (Accidentally swallowing the blister pack may lead to unexpected accidents, such as the hard sharp corner piercing the esophageal mucosa.)


## INGREDIENTS AND AMOUNT (in 1 tablet)

This medication is a white tablet.

| Active ingredient | Amount contained |
|---|---|
| Levonorgestrel | 1.50 mg |

Excipients:Corn starch, povidone, sodium starch glycolate, anhydrous silicic acid, magnesium stearate, lactose hydrate

## PRECAUTIONS FOR STORAGE AND HANDLING

(1) Do not take products that have exceeded the expiration date. The expiration date is indicated on the outer box.
(2) Carefully store the outer box and this instruction leaflet.

## CONTACT INFORMATION

For inquiries regarding this product, please contact the store where you purchased it or the contact information below.

Alinamin Pharmaceutical Co., Ltd. [Customer Consultation Desk]
Toll-free number: 0120-567-087
Reception hours: 9 a.m. to 5 p.m. (excluding Saturdays, Sundays, and public holidays)

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